

Mark: Are You Healthy?

Mark 7:14 – 23

October 1, 2017

True spiritual health begins when...

- A. ...We see that our defilement comes from the inside.
 - a. The things you do aren't the primary cause of your sin problem.
 - b. The primary cause of our sin problem is a defiled heart.
 - c. Are you too lacking in understanding like the disciples in this area?

- B. ...We see that our defilement reveals its fruit on the outside.
 - a. Our hearts are idol factories that produce sin absent of any outward contamination.
 - b. The renewed heart is ultimately repentant as the battle against sin rages.